

Heart Pillow Knitting Pattern



SKILL LEVEL

Advanced

FINISHED SIZE

Approx. 17 in (W) x 16 in (H)

SPECS

- Gauge: Not critical for this project (shape is controlled by increases/decreases).
- Stitches Used: Knit (K), Purl (P), Make 1 (M1), Knit 2 Together (K2tog).

By Oriental Trading Company

MATERIALS

- Size 8 US Knitting Needles, or circular needles for working flat
- 2 skeins of worsted-weight #4 Red acrylic yarn
- Optional second color yarn for trim
- Notions: Yarn needle, stitch holders or waste yarn, polyester fiberfill, row counter

ABBREVIATIONS

RS = right side; WS = wrong side; st(s) = stitch(es); K = knit; P = purl; M1 = make one (increase); K2tog = knit two stitches together (right-leaning decrease).

INSTRUCTIONS

Heart Panels (make 2)

Work flat in stockinette stitch (K on RS, P on WS). Cast on 3 sts.

Row	Instruction
Row 1 (RS)	K3 (3 sts)
Row 3 (RS)	K1, M1, K1, M1, K1 (5 sts)
Row 5 (RS)	K1, M1, K3, M1, K1 (7 sts)
Row 7 (RS)	K1, M1, K5, M1, K1 (9 sts)
Row 9 (RS)	K1, M1, K7, M1, K1 (11 sts)
Row 11 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (13 sts)
Row 13 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (15 sts)
Row 15 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (17 sts)
Row 17 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (19 sts)
Row 19 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (21 sts)
Row 21 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (23 sts)



LOOKING FOR MORE PROJECTS?

Visit orientaltrading.com

Heart Pillow Knitting Pattern

Heart Panels (continued)

Row	Instruction
Row 23 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (25 sts)
Row 25 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (27 sts)
Row 27 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (29 sts)
Row 29 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (31 sts)
Row 31 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (33 sts)
Row 33 (RS)	Increase 2 sts as established (K1, M1, K to last st, M1, K1) (35 sts)
Rows 35–40	Work even in stockinette on 35 sts (end after a WS row).

Divide for Heart Lobes

Place first 17 sts on one needle and the remaining 18 sts on another. Work each lobe separately.

Right Lobe (17 sts)

Work flat in stockinette stitch (K on RS, P on WS).

Row	Instruction
Row 1 (RS)	K1, K2tog, K13, K2tog, K1 (15 sts)
Row 3 (RS)	K1, K2tog, K to last 3, K2tog, K1 (13 sts)
Row 5 (RS)	K1, K2tog, K to last 3, K2tog, K1 (11 sts)
Row 7 (RS)	K1, K2tog, K to last 3, K2tog, K1 (9 sts)
Row 9 (RS)	K1, K2tog, K to last 3, K2tog, K1 (7 sts)
Row 11 (RS)	K1, K2tog, K to last 3, K2tog, K1 (5 sts)
Row 13 (RS)	Bind off



LOOKING FOR MORE PROJECTS?

Visit orientaltrading.com

Heart Pillow Knitting Pattern

Left Lobe (18 sts)

Work flat in stockinette stitch (K on RS, P on WS).

Row	Instruction
Row 1 (RS)	K1, K2tog, K to last 3, K2tog, K1 (16 sts)
Row 3 (RS)	K1, K2tog, K to last 3, K2tog, K1 (14 sts)
Row 5 (RS)	K1, K2tog, K to last 3, K2tog, K1 (12 sts)
Row 7 (RS)	K1, K2tog, K to last 3, K2tog, K1 (10 sts)
Row 9 (RS)	K1, K2tog, K to last 3, K2tog, K1 (8 sts)
Row 11 (RS)	K1, K2tog, K to last 3, K2tog, K1 (6 sts)
Row 13 (RS)	Bind off

Assembly

Knit two identical heart panels. With wrong sides together, seam around the edges, leaving a 3-4 in opening. Stuff firmly with fiberfill, then close the opening.

